

For Students November 26, 2025



## TimelyCare App Can Help Students Navigate the Holidays

While the holidays often feature time off, excitement, and reunions with friends and relatives, they can also include overcrowded calendars, less sunlight, colder weather, disrupted sleep patterns, and interpersonal tension. Sometimes, people retreat into themselves to deal with the noise and busted routines.

Finding the right balance should include devoting time to address mental health. Kerrie Fineran, chief of Campus and Community Wellbeing at Purdue University Fort Wayne, likes to ask others what they are doing to take care of themselves and is always eager to share a few suggestions.

"One thing I want people to think about is `What makes me feel well, and how do I intentionally invest in that?" Fineran said from her office in the Center for Student Counseling. "A lot of us stay busy or unwind with things that are fun but don't truly restore us. I want people to pause and

ask, `Am I renewing myself in a way that will genuinely support my long-term wellbeing?"

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## 'DoNut' Let Skipped Title IX Training Stall Your Degree, Future

Any student with a current registration hold because of incomplete Title IX training is invited to get support fulfilling that requirement next Wednesday (12.3) from 8 to 11 a.m. at Kettler Hall, Room 116, which is a computer lab just off the main lobby. Advisors will also be on hand to assist with registration for the spring 2026 semester.

While there, grab a free donut, the breakfast of choice for Dons and future graduates!

Make no mistake, Title IX training must be completed before registration holds are lifted. Regardless of where that box gets checked, do not let this missed assignment add precious time and added cost to an achievement of a lifetime.

Email **success@pfw.edu** for additional information.



## UPD Officers Serve Campus Community in Unique Ways

Most members of the police department at Purdue University Fort Wayne decided at a very young age to pursue a career in law enforcement.

What they didn't decide until much later was to work on a campus, a unique role for those wearing the uniform, requiring a conscious choice. The approach to their duties is different from traditional community officers.

"Since the mid-1960s, the police department's mission has been to protect and serve the campus community by providing a safe environment through enforcement, service, and education," said Interim Chief Rick Wiegmann during PFW's State of the University address Sept. 15. "Officers strive to create a secure environment through respectful, fair, and impartial policing—fostering trust and an approachable presence among students, faculty, and staff."

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Chancellor Ron Elsenbaumer and this year's Student Government Association representatives: Amber Smith, vice president of finance; Michael Boyd, vice president of legislation; and Willow Cribb, president.

## SGA Looks to Add More Town Halls

When she was elected president of Purdue University Fort Wayne's Student Government Association this past spring, Willow Cribb was determined to fulfill some goals.

"I ran for my role with the purpose of being a loud, firm, and unavoidable voice for the students so that I can ensure students' interests and needs are at the forefront of our decision-making as a university," Cribb said. "My other officers feel just as passionate about this."

Joining Cribb on the SGA's executive branch are Michael Boyd, vice president of legislation, and Amber Smith, vice president of finance. They have begun hosting regular town hall meetings where students' questions about specific topics can be presented. While the officers may not be front and center with their opinions in this new public forum, they are giving the rest of the student body chances to express themselves.

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# **Eventful**

There's always plenty to do at Purdue Fort Wayne. To find your favorites—or discover new activities—check the full events calendar often to see what's happening on campus.

#### **DECEMBER**

## Finals De-stress: Mini Canvases and Crafting

2

Tues., 11 a.m.–2 p.m.

Drop into the Walb Atrium to relax with arts and crafts! Take a break from finals with mini canvases to paint, coloring, and more. All students and staff/faculty welcome. Snacks and mini canvas supplies while they last...

#### DECEMBER

### Guitar Ensemble

2

Tues., 7:30-9:30 p.m.

This program will feature a wide array of musical styles showcasing students from our School of Music guitar studios, directed by Laura Lydy...

#### DECEMBER

## PFW Bands Concert: An Evening with Markowski

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Wed,, 7:30–9:30 p.m.

PFW Bands will be joined for a special evening with the Crown Point High School Wind Ensemble in a celebration of works by composer-in-residence Michael Markowski...

# **Mastodon Moments**

Seen and noted around campus. Monitor our university social feeds for more great moments of Mastodon life.



Students demonstrate a traditional dance from Myanmar during the Global Student Celebration on Friday night. This annual event showcases the rich diversity of PFW's campus community. Attendees enjoyed captivating performances and an array of international cuisine and refreshments.

Athletics Events Calendar News Center Don Life Archive









Don Life is an official university communication sent weekly on Wednesday to all currently enrolled students. Don Life Special Edition is a supplement to the regularly scheduled newsletter. It covers breaking news and timesensitive information directly related to university operations.

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