

ADDICTION TREATMENT GROUP FACILITATOR

# Gwenna Lehmann

*a recent post-graduate story*



## B.A. in Psychology '25, Death Education Certificate

Following her graduation this spring, Gwenna began as a Group Facilitator at Avenues Recovery Center in Fort Wayne.

"Being a Group Facilitator allows me to lead therapeutic and psychoeducational groups for individuals in addiction treatment and recovery."

It has been an adjustment living life as a big kid, or as an adult as some people like to call it. I am learning to create space for my career while prioritizing rest, fun, and creativity. Post-grad life has been a mix of excitement, growing pains, and a lot of self-discovery. I am incredibly excited and proud that I get to work in a field I have been dreaming of and preparing for. PFW gave me the opportunity to take what I learned and apply it directly to the work I am doing now at Avenues.

It is a blessing to know that I have the ability to continue my education at PFW if I choose to grow more in the mental health field. More than education, my time at PFW gave me a strong sense of community - with my peers, professors, and staff - which something I'm grateful to carry with me beyond college!